



King County

**Department of
Natural Resources and Parks**
Weyerhaeuser King County Aquatic Center
650 SW Campus Drive
Federal Way Washington 98023-8425

PUBLIC PROGRAMS

- Scheduled Recreational Swims
- Adult Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- American Red Cross Water Safety Courses
- Specialized Water Sports Training
- Competitive Team Programs

UPCOMING EVENTS

- Sept 26-28 Islander Water Polo Invitational
- Oct 4 Kamiak High School Swimming Invitational
- Oct 24 Annual Huaned Pool, Community Activity Swims
- Oct 25-26 NW Collegiate Water Polo Champs
- Nov 7-9 Wash. State Boys High School Water Polo Champs
- Nov 14-15 Washington State Girls Swim/Dive Champs
- Nov 16 Pacific Northwest Swimming Distance & Trials Meet
- Nov 22-23 NW Collegiate Water Polo Champs
- Dec 4-6 2003 US Open - Swimming, International
- Dec 12-14 Pacific Northwest Swimming Championship
- Dec 20 Pacific Northwest Swimming Dequal Meet



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Department of Natural Resources and Parks
Parks and Recreation Division
Weyerhaeuser King County Aquatic Center
650 SW Campus Drive
Federal Way, WA 98023-8425
206-296-4444 TTY Relay: 711
www.metrokc.gov/parks

Fall Schedule
Sept 8 - Dec. 31, 2003
Seattle (206) 296-4444
Tacoma (253) 927-5173

Recreation Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am-9:00	Maintenance	Adult/Senior LapSwim	Maintenance	Adult/Senior LapSwim	Maintenance	Special Events and Activities	Special Events and Activities
9:00-10:00	Low Impact Exercise	Maintenance	Low Impact Exercise	Maintenance	Low Impact Exercise		
10:00-11:30	Lessons	Lessons	Lessons	Lessons	Maintenance		
11:30-12:30	FamilySwim**	FamilySwim**	FamilySwim**	FamilySwim**	FamilySwim**	11:30-1:30 PublicSwim*	11:30-1:30 PublicSwim*
12:30-1:30	Adult/Senior LapSwim	Adult/Senior LapSwim	Adult/Senior LapSwim	Adult/Senior LapSwim	Adult/Senior LapSwim	1:30-Rentals	1:30-Rentals
4:30-7:30	Lessons	Lessons	Lessons	Lessons	4:00-7:00 Rentals		
7:30-8:30	PublicSwim*	PublicSwim*	PublicSwim*	PublicSwim*	PublicSwim*		
8:30-9:30	Aquarobics	Aquarobics	Aquarobics	Aquarobics			

- * Children younger than 6 years old must each be accompanied in the water by an adult
- ** During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

SWIMMING LESSONS

Morning Sessions (1/2 hr, 10:00-11:30am, MW's or TTh's)

Evening Lessons (1/2 hr, 4:30-7:30pm, MW's or TTh's)

Monday & Wednesdays

Sept 15-Oct 15 (10 lessons)

Oct 20-Nov 12 (8 lessons)

Nov 17-Dec 17 (8 lessons, no classes Dec 1, 3)

Tuesday & Thursdays

Sept 16-Oct 16 (10 lessons)

Oct 21-Nov 11 (7 lessons, no class Nov 13)

Nov 18-Dec 18 (7 lessons, no classes Nov 27, Dec 2, 4)

CANCELED SWIMS

Aug 11-Sept 7, Oct 24: 7:30pm-8:30pm (for Haunted Pool Event),

Nov 14-15, 27-30, Dec 1-7, 24-25, 27-28, Dec 31-Jan 1

WATER EXERCISE

Call AquarobicSM: 1-800-817-8988



WASH. RELAY SERVICE NUMBER: 711

This material is available in alternate formats



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Competition Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am-8:00	LapSwim*	LapSwim*	LapSwim*	LapSwim*	LapSwim*
11:30-1:30	LapSwim*	LapSwim*	LapSwim*	LapSwim*	LapSwim*
4:00-6:30	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-8:00	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-10:00	Team Training	Team Training	Team Training	Team Training	Team Training

* To maximize use of the facility, team workouts are scheduled during some lap swim times. Lanes for lap swimmers may be limited. The competition pool is currently set at 25 yards and ranges in depth from 9 to 10.5 feet. Some lap swims will be in the dive tank which is 25 yards and ranges in depth from 16 to 17.5 feet. Lap swims are for lap swimming only. The starting blocks are closed to lap swimmers. Entries into the water shall be done in a careful, feet-first manner. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 50-yard swim test to be allowed to swim in the competition pool or dive tank.

CANCELED SWIMS:

Aug 11-Sept 7 all day
Sept 26-28 11:30-1:30
Oct 4 11:30-1:30
Oct 25-26 11:30-1:30
Nov 7-9 all day
Nov 14-15 all day
Nov 16 11:30-1:30
Nov 22-23 11:30-1:30
Nov 27-30 all day
Dec 1-7 all day
Dec 12-14 11:30-1:30
Dec 20 11:30-1:30
Dec 21 11:30-1:30
Dec 24-25 all day
Dec 27-28 11:30-1:30
Dec 31-Jan 1 all day

EVENTS:

Maintenance Closure
Islander Water Polo Invitational
Kamiak High School Swimming Invitational
NW Collegiate Water Polo Championship
Boy's State High School Water Polo Champs
WIAA/Dairy Farmers Girls State HS Swim/Dive Champs
Pacific Northwest Swimming Distance & Time Trials Meets
Northwest Collegiate Water Polo Championship
Thanksgiving Holiday
2003 US Open - Swimming, International
Pacific NW Swimming Championship
Pacific NW Swimming Dequal Meet
King County Lifeguard Games
Christmas Holiday
Holiday Weekend
New Years Holiday



King County

2003 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

Recreation Pool:		Competition Pool:	
Rec Pool Family Swim**		Comp Pool Lap Swim	\$4.50
All participants	\$3.00	Sr Citizen (62+) & People w/ Disabilities	\$3.00
Public Swim*			
Children, Adults & Sr Citizens	\$3.00		
People w/ Disabilities	\$2.25		
Rec Pool Adult & Senior Lap Swim			
Adult	\$4.50	Low Impact Water Exercise (Rec Pool)	
Sr Citizen (62+) & Disabled	\$3.00	Adult	\$6.00 - 10-visitCard \$55.50
Shower	\$3.00	Sr Citizen (62+)	\$4.50 - 10-visitCard \$37.50

* Children younger than 6 years old must each be supervised in the water by an adult within arm's reach at all times
** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

RENTALS

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.

Rec Pool, 1-25 people	\$87.00/hour	Party Room Rental	\$35.00/hour
Rec Pool, 26-60 people	\$120.00/hour	Lobby Rental	\$65.00/hour
			+ staffing & deposits

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$82.50+tax	\$250.00+tax
Adult	\$135.00+tax	\$350.00+tax
Family	\$250.00+tax	\$600.00+tax
Senior Citizen (62+) & Disabled	\$82.50+tax	\$200.00+tax

GIFTCERTIFICATES

Give the gift of health! Good for any programs.

TELEPHONE RELAY SERVICE: 711

